

(Please print your name as it appears on your Anthem Benefits Card)

Last Name: _____ First Name: _____

Company: **VAUMC** Zip Code: _____ Employee ID#: _____ (optional)

Choose One: Employee Spouse Current Age: _____

Last 4 SS#: _____ DOB: _____ Gender: Male Female
(Month) (Day) (Year)

Email Address: _____ Phone: _____

If for spouse, please list employee's name: _____

I authorize my healthcare provider to release the requested information to Health Advocate, Inc.

Signature: _____ Date: _____

..... **Do not write below this line**

To Be Completed by Physician Office

Please enter the results of the physical below and attach a copy of the lab work

Height: _____ FEET _____ INCHES	Trig: _____
Weight: _____ POUNDS	LDL: _____
Waist: _____ INCHES	Ratio: _____
Total Chol: _____	Glucose: _____ OR HbA1c: _____
HDL: _____	Blood Pressure: _____/_____

_____/_____/_____ **DATE OF EXAM**

Patient Pregnant: Yes No

Healthcare Provider Signature

Office Telephone Number

Signature Date

After providing any needed counseling on values obtained, please fax the results to Health Advocate at 610.397.7891. MUST BE FAXED FROM PHYSICIAN'S OFFICE.

Results may be verified with physician's office.